

Postoperative Instructions

Aspirin Rinses

Instructions Following Your Procedure:

1. Your physician may recommend the use of aspirin rinses following your procedure to help relieve pain
2. The recipe for creating the rinse is as follows:

8 tablets of non-enteric coated aspirin (325mg tablets should be used)
1 Cup of water

Crush up aspirin and mix with water (note that some of the aspirin may not fully dissolve)
3. Please do not swallow the mixture. Rinses can be employed by administering 2 tablespoons which can be swished, gargled and spit out.
4. The rinse can be used up to every 2 hours as needed to help with pain.

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